# KEY DATA SHEET

| Name of University | Tampere University of Applied Sciences (TAMK)  
| International Services (B1-corridor)  
| Kuntokatu 3  
| FI - 33520 Tampere  
| Finland  
| Tel. +358 294 5222 (switchboard)  
| Email: international.tamk(at)tuni.fi  
| Internet: www.tamk.fi/en  
| Blog: http://tamk-international.tamk.fi  
| Erasmus+ institutional code: SF TAMPERE06  
| PIC number 986178728 |

## International Services

### Head of International Services
- Ms Kirsi Jokipakka, Erasmus+ Institutional Coordinator  
  kirsi.jokipakka(at)tuni.fi, +358 40 837 3061

### International strategic partnerships and continuous learning
- Ms Clémentine Arpiainen, Project Manager  
  clementine.arpiainen(at)tuni.fi, +358 40 660 3424

### Partner agreements
- international.tamk(at)tuni.fi  
  Ms Kristiina Alaruusi, International Coordinator, +358 40 718 0126

### Incoming students
- incoming.tamk(at)tuni.fi  
  Ms Marika Kyllönen, International Coordinator, +358 50 307 1409  
  Ms Tarja Kononov, International Coordinator, +358 40 841 8847

### Outgoing students
- outgoing.tamk(at)tuni.fi  
  Ms Eeva Heikkilä, International Coordinator, +358 40 801 6001  
  Ms Krista Merikoski, International Coordinator, +358 50 406 7190

### Teacher and staff exchanges
- staffexchange.tamk(at)tuni.fi  
  Ms Suvi Hokkanen, International Coordinator, +358 50 368 2699

### International mobility projects
- Ms Camilla Kalevo, International Coordinator, +358 50 567 5516  
  camilla.kalevo(at)tuni.fi

### Finance
- Ms Merja Kallio, International Coordinator, +358 50 441 3256  
  merja.kallio(at)tuni.fi
# Information for Incoming Students

## Academic calendar for 2019–2020

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Autumn Term 2019</td>
<td></td>
</tr>
<tr>
<td>Welcome week</td>
<td>19–23 August 2019</td>
</tr>
<tr>
<td>Period 1</td>
<td>1 August–20 October 2019</td>
</tr>
<tr>
<td>Autumn holiday</td>
<td>14 October–20 October 2019</td>
</tr>
<tr>
<td>Period 2</td>
<td>21 October–31 December 2019*</td>
</tr>
<tr>
<td>Spring Term 2020</td>
<td></td>
</tr>
<tr>
<td>Welcome week</td>
<td>3–8 January 2020</td>
</tr>
<tr>
<td>Period 3</td>
<td>1 January–1 March 2020</td>
</tr>
<tr>
<td>Spring holiday</td>
<td>24 February–1 March 2020</td>
</tr>
<tr>
<td>Period 4</td>
<td>2 March–31 July 2020*</td>
</tr>
</tbody>
</table>

* Classes and exams end by 19 December 2019

## Possible length of Exchange

One term (or full academic year, if mentioned in agreement or agreed upon separately)

## Deadlines for exchange nominations and applications

### For Autumn Term 2019 (August–December)

**Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy:**

- Nominations: 1 April 2019
- Applications: 15 April 2019

**All others:**

- Nominations: 15 April 2019
- Applications: 30 April 2019

### For Spring term 2020 (January–May)

**Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy:**

- Nominations: 1 October 2019
- Applications: 15 October 2019

**All others:**

- Nominations: 1 October 2019
- Applications: 15 October 2019

## Arrival dates for exchange students

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Autumn Term 2019</td>
<td>16–18 August 2019</td>
</tr>
<tr>
<td>Spring Term 2020</td>
<td>2 January 2020</td>
</tr>
</tbody>
</table>

## Welcome weeks

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Autumn Term 2019</td>
<td>19–23 August 2019</td>
</tr>
<tr>
<td>Spring Term 2020</td>
<td>3–8 January 2020</td>
</tr>
</tbody>
</table>

## TAMK courses for exchange students

Course lists are published at [http://www.tamk.fi/web/tamken/student-exchange#courses](http://www.tamk.fi/web/tamken/student-exchange#courses).

Detailed timetables are given during the Welcome week.

## Other possible courses for exchange students


## Language of tuition

English (and Finnish)
### Student accommodation

TAMK does not have campus dormitories. Exchange students apply independently by filling in an online application:

- **TOAS** (Tampere Student Housing Foundation) [https://toas.fi/en/](https://toas.fi/en/)
  - **NOTE:** TOAS rents out rooms for a fixed period only:
    - August–December
    - January–May
- Estimated cost of student accommodation: 250 €–300 €/month including electricity, water, furniture and (in most cases) internet

### Other costs of living

- EU Registration (if needed): **54 €**
- Tamko Student Union membership: **26 € / term**
- SportUNI – campus gym membership
  - Autumn term **41 €**, Spring term **45 €** or the entire academic year **70 €**
- Course books: 0 € (can be borrowed from the library)
- Bus card for city of Tampere: **36.50 € / month (under 25-year olds)**
- Bus card for city of Tampere: **53 € / month (over 25-year olds)**
- Lunch at TAMK: **2.60 €**
- Coffee at TAMK: **1 €**
- Sandwich at TAMK: **2 – 3 €**
- Dinner in a restaurant: **10 – 15 €**
- Beer in a restaurant: **5 €**

**NOTE:** There are many student discounts available (restaurants, cinemas, museums, events, hairdressers and others)

If there is a need to apply for a Visa or a **Student Residence Permit** beforehand, the Finnish Immigration will ask the student to prove to have 560 € on her/his bank account for each exchange month in Finland.

### Application procedure


**Steps needed:**

1) Nomination from home university
2) Online application (further instructions after nomination), including:
   - Photo
   - Motivation Letter
   - CV
   - Transcript of Records
   - TAMK English Language Skills Form
   - Learning Agreement
   - Project Work / Final Thesis / Traineeship Plan (if applicable)

### Credits in use

1 cr (credit) = 1 ECTS credit = 27 hours of student work

One Term = 30 cr, Academic Year = 60 cr

**Students are expected to take 5 cr/month.**

Grading scale:

5=A, 4=B, 3=S=C, 2=D, 1=E (lowest passing grade), 0=F (fail)