# KEY DATA SHEET

| Name of university | **Tampere University of Applied Sciences (TAMK)**  
|                    | International Services (B1-corridor)  
|                    | Kuntokatu 3  
|                    | FI - 33520 TAMPERE  
|                    | FINLAND  
|                     | Tel. +358 3 245 2111 (switchboard)  
|                     | Fax: +358 3 245 2360  
|                     | Email: international.office(at)tamk.fi  
|                     | Internet: www.tamk.fi/en  
|                     | Erasmus+ institutional code: SF TAMPERE06  
|                     | PIC number **986178728** |

## International Services

| Head of International Services | **Ms Kirsi Jokipakka, Erasmus+ Institutional Coordinator**  
|                                | Email: kirsi.jokipakka(at)tamk.fi  
|                                | Tel. +358 40 837 3061 |

| Senior Adviser | **Ms Eeva Heikkilä, International Services & Study Services**  
|                | Email: eeva.heikkila@tamk.fi  
|                | Tel. +358 40 801 6001 |

| Partner agreements | **Ms Kristiina Alaruusi, International Coordinator**  
|                   | Email: international.office(at)tamk.fi  
|                   | Tel. +358 40 718 0126 |

| Incoming students | Email: incoming.students(at)tamk.fi  
|                  | **Ms Tarja Kononov, International Coordinator**, tel. +358 40 841 8847  
|                  | **Ms Kirsi Eskelinen, International Coordinator**, tel. +358 50 307 1490 |

| Outgoing students | Email: outgoing.students(at)tamk.fi  
|                  | **Ms Marika Kyllönen, International Coordinator**, tel. +357 40 480 5397  
|                  | **Ms Krista Merikoski, International Coordinator**, tel. +358 50 406 7190 |

| Teacher and staff exchanges | **Ms Suvi Hokkanen, International Coordinator**, tel. +358 50 368 2699  
|                            | Email: staffexchange(at)tamk.fi |

| International mobility projects | **Ms Camilla Kalevo, International Coordinator**, tel. + 358 50 567 5516  
|                              | Email: camilla.kalevo(at)tamk.fi |

| Finance | **Ms Merja Kallio, International Coordinator**, tel. +358 50 441 3256  
|         | Email: merja.kallio(at)tamk.fi |
### Information for Incoming Students

#### Academic Calendar 2018

<table>
<thead>
<tr>
<th>Period</th>
<th>Spring Term 2019</th>
<th>Autumn Term 2019 (preliminary dates)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3–7 January 2019</td>
<td>19–23 August 2019</td>
<td>* Classes and exams end by 31 May 2019</td>
</tr>
<tr>
<td>1 January–3 March 2019</td>
<td>1 August–20 October 2019</td>
<td></td>
</tr>
<tr>
<td>25 February–3 March 2019</td>
<td>14–20 October 2019</td>
<td></td>
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</tbody>
</table>
| 4 March–31 July 2019* | 21 October–31 December 2019* | *

* Classes and exams end by 31 May 2019

#### Possible length of Exchange

One term (or full academic year, if mentioned in agreement or agreed upon separately)

#### Deadline for exchange nominations and applications

For Spring Term (January–May)

Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy: **Nominations 1 October / Applications 15 October**

All others: **Nominations 1 October / Applications 15 October**

For Autumn Term (August–December)

Nursing, Physiotherapy, Biomedical Laboratory Science, Radiography and Radiotherapy: **Nominations 27 March / Applications 10 April** (the dates are not confirmed yet)

All others: **Nominations 31 March / Applications 30 April**

#### Arrival dates for exchange students

<table>
<thead>
<tr>
<th>Period</th>
<th>Spring Term 2019</th>
<th>Autumn Term 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 January 2019</td>
<td>16–18 August 2019</td>
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</tbody>
</table>

#### Orientation dates

<table>
<thead>
<tr>
<th>Period</th>
<th>Spring Term 2019</th>
<th>Autumn Term 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main Orientation 3–7 January 2019</td>
<td>Main Orientation 19–23 August 2019</td>
<td></td>
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#### TAMK courses for exchange students

Course lists are published at [http://www.tamk.fi/web/tamken/student-exchange#courses](http://www.tamk.fi/web/tamken/student-exchange#courses).

Detailed timetables are given during the Orientation.

#### Other possible courses for exchange students

TAMK exchange students may register for certain courses at the two other universities in Tampere (University of Tampere, Tampere University of Technology). More information at [http://www.unipolitampere.fi/](http://www.unipolitampere.fi/)

#### Language of tuition

English (and Finnish)
## Student accommodation

TAMK does not have campus dormitories. Exchange students apply independently by filling an online application:

- **TOAS** (Tampere Student Housing Foundation) [https://toas.fi/en/](https://toas.fi/en/)
  **NOTE:** TOAS RENTS OUT ROOMS FOR A FIXED PERIOD ONLY:
  - August–December
  - January–May
- **Pirkan Opiskelija-asunnot Oy** [https://poas.fi/en/](https://poas.fi/en/)
- Estimated cost of student accommodation: 250 €–300 €/month including electricity, water, furniture and (in most cases) internet

## Other costs of living

- Registration at the local Register Office (if needed): **50 €**
- Tamko Student Union membership: **26 € / term**
- Unipoli Sport – campus gym membership
  - Autumn term **41 €**, Spring term **45 €** or the entire academic year **70 €**
- Course books: **0 €** (can be borrowed from the library)
- Bus card for city of Tampere: **35 € / month** (under 25-year olds)
- Bus card for city of Tampere: **51 € / month** (over 25-year olds)
- Lunch at TAMK: **2,60 €**
- Coffee at TAMK: **1 €**
- Sandwich at TAMK: **2–3 €**
- Dinner in a restaurant: **10–15 €**
- Beer in a restaurant: **5 €**
  **NOTE:** There are many student discounts available (restaurants, cinemas, museums, events, hairdressers and others)

If there is need to apply for a Visa or a Student Residence Permit beforehand, the Finnish Immigration will ask the student to prove to have 560€ on her/his bank account for each exchange month in Finland.

## Application procedure


Steps needed:
1) Nomination from home university
2) Online application (further instructions after nomination), including:
   - Photo
   - Motivation Letter
   - CV
   - Transcript of Records
   - TAMK English Language Skills Form
   - Learning Agreement
   - Project Work / Final Thesis / Traineeship Plan (if applicable)

## Credits in use

1 cr (credit)=1 ECTS credit=27 hours of student work
One Term=30 cr, Academic year=60 cr
**Students are expected to take at least 5 cr/month.**
Grading scale:
5=A, 4=B, 3=S=C, 2=D, 1=E (lowest passing grade), 0=F (fail)